

No Medical Services Are Being Offered

Christina Lake Fitness is an online platform dedicated to encouraging healthy lifestyle choices. We facilitate and encourage positive interactions with members and between members in the groups provided. Christina Lake Fitness is not a medical service or a diet/nutrition service.

All physical activity carries the inherent risk of injury. It is your responsibility to choose which activities are right for you and to consult with medical or diet/nutrition professionals as you deem prudent or necessary.

Nothing offered by Christina Lake Fitness or its Operators is intended to diagnose, treat, prevent or cure any illness or disease or injury.

Any tangibles or intangibles provided or sold by CHRISTINA LAKE FITNESS are for general purposes not medical purposes. Nothing is FDA approved unless it is specifically identified as such.

No tangibles or intangibles provided or sold by CHRISTINA LAKE FITNESS are intended to replace professional medical advice, service, treatment, or products.

No tangibles or intangibles provided or sold by CHRISTINA LAKE FITNESS are intended to replace those of a licensed dietician or nutritionist.

You are solely responsible for your health care and activity choices. Your participation in this community and program and any relationship with CHRISTINA LAKE FITNESS does not constitute a medical-practitioner/patient relationship.

Any views, opinions, information, recommendations, or products provided by members of the group programs are their own and not necessarily those of CHRISTINA LAKE FITNESS.